

Read before use!

Nesmokesen[®]

Nesmokesen is a specially designed supplement intended to support people effort during quitting smoking.

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Picture shown is for illustration purpose only. Actual product may vary.

1 What is Nesmokesen and how it works

Nesmokesen is a dietary nootropic supplement made of a blend of powerful herbal derived ingredients intended to promote calm and relaxation, which can supply key nutrition to help support you in quitting smoking.

2 Before taking Nesmokesen

Who MUST NOT take Nesmokesen

- People who have allergy to one or more of Nesmokesen’s ingredients (Check 6. Supplement fact).
- People with incapacitated angina.
- People who recently had stroke or heart attack.
- People with significant heart disorders.
- Pregnant or breastfeeding women.
- People with serious medical conditions.
- People taking MAO inhibitor drugs.

Warning and precautions

Using Nesmokesen and smoking or using nicotine containing products may negatively interact.

People with one or more of the following conditions should consult physician before taking Nesmokesen; coronary artery disease, congestive heart failure, cerebral small vessel disease, arterial obstruction, high or low blood pressure, pheochromocytoma, stomach ulcer or reflux, hyperthyroidism, diabetes, some type of schizophrenia, kidney or liver failure and people 65 years or older.

Nesmokesen along with medications that lower blood pressure might cause blood pressure to go too low. Monitor your blood pressure closely.

Nesmokesen and other medications

Always consult your physician before taking Nesmokesen when you were recently taking medication or when you are taking medication or when you are planning on taking medication.

Taking Nesmokesen when taking anti-tuberculosis drugs (Streptomycin, PASA) reduces drugs’ effectiveness.

Consult your physician before taking Nesmokesen when planning pregnancy. People under age 18 must consult physician before use.

3 How to take Nesmokesen

Recommended usage:

Take capsule with water.

| | | |
|------------|-----------|---|
| Days 1-4 | 1 capsule | Every 2 hours (max 6 capsules a day) |
| Days 5-12 | 1 capsule | Every 2.5 hours (max. 5 capsules a day) |
| Days 13-16 | 1 capsule | Every 3 hours (max. 4 capsules a day) |
| Days 17-19 | 1 capsule | Every 5 hours (max. 3 capsules a day) |
| Days 20-22 | 1 capsule | Twice a day (max. 2 capsules a day) |
| Days 23-27 | 1 capsule | In the morning (max. 1 capsule a day) |



Starting on DAY 1 is suggested person should try to smoke less cigarettes. By DAY 5 is suggested person should completely stop smoking. If effect is not satisfying person should stop taking Nesmokesen immediately. Person may try again after 2-3 months.

If serving was missed, then DO NOT double the next serving.

4 Possible negative effects may occur

Some users have experienced negative effects when taking this product. Check with your doctor before starting this or any dietary supplement regimen.

5 How to store Nesmokesen

Keep away from children,
Store in original packaging in dark and dry please in temperature below 77°F.
Do not use after expiration date.

6 Supplement facts

| Supplement Facts | |
|--|-------|
| Serving size 1 Capsule | |
| 100 serving per container | |
| Amount Per Serving | |
| Proprietary Blend | 330mg |
| <i>Ashwagandha extract</i> | ** |
| <i>N-Acetyl-L-Tyrosine</i> | ** |
| <i>Rhodiola rosea extract</i> | ** |
| <i>L-Theanine</i> | ** |
| <i>5-HTP (griffonia seed extract)</i> | ** |
| <i>Cytisine (sophora japonica fruit extract)</i> | ** |
| ** Daily Value not established | |
| Other Ingredients: Microcrystalline cellulose, magnesium stearate, silicon dioxide, vegetable capsule. | |

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.